

THE FLYER

Volume 33 Issue 13

Salisbury University's student voice

December 5, 2005

SU Nurses head to East Africa

By: Matt Walenciak
Staff Writer

During winter break Salisbury faculty members, an alumnus, community members and students will be traveling to the East African village of Tanzania. The trip, which is designed to give the volunteers real-life experience on the effect of HIV and AIDS in other countries, is organized by the Department of Nursing at Salisbury University and supported by the Global Service Corps.

The four nursing department faculty members who will be attending are Dr. Johnson, Dr. McDowell, Dr. Brown and Professor Drew. SU students Megan Dukes, Teresa Smith, Jovonne Chandler, Christina Pizzillo and Christine Wagner will be representing SU's student nurses.

Everyone going will take lessons in how to speak Swahili, the native language of Tanzania, and receive an extensive orientation to the various HIV and AIDS programs in Tanzania. They will then visit clinics,

hospitals, hospices and other health care agencies that provide services to residents of Tanzania with HIV and or AIDS. Within these programs the group will plan and teach HIV and AIDS prevention programs to Tanzanian audiences. The HIV/AIDS infection rate is high in Tanzania due to "uneducated people, economic problems, customary laws, and other beliefs of polygamy" according to Tanzania Commission for Aids (TACAIDS). In Tanzania the percentage of the

population infected by HIV/AIDS varies according to geographic area but reaches up to "more than 44.4 percent in some certain sub populations" said TACAIDS. The programs being taught are designed to help educate the Tanzanian audiences of the risks of HIV/AIDS and how the diseases are being spread.

While in the city of Arusha, participants will live part time in a local hostel and the remainder of the time with a Tanzanian family. Participants in the outreach trip are looking forward to being able to experience the African culture firsthand.

"The country is beautiful and the people are wonderful and kind," said Megan Dukes, a first semester nursing student who had previously volunteered in an orphanage in Kenya and Uganda.

Although the participants are aware of the importance of the task they are undertaking, the trip isn't designed to be all about work. According to Dr. Johnson some of the weekend activities will include a

two day overnight safari, a visit to a Maasai village, a meeting with a traditional healer, and a trip to the beaches of Zanzibar. Dr. Johnson has also previously been to East Africa, and knows that "it will be an eye-opening and life-changing experience for everyone."

The group will be leaving on January 8 and everyone has completed a series of vaccinations to protect against illness such as Hepatitis A and B, meningococcus, typhoid, tetanus, and yellow fever.

Salisbury scores number one in Relay for Life funding

By Sean Gossard
Staff Writer

Relay for Life, a charity event sponsored by the American Cancer Association, is returning to Salisbury University this spring to help raise money for cancer research. And this time, SU will have the distinction of being ranked number one in college relay funding for the third consecutive year. In a recent announcement in which the American Cancer Society compared and ranked funds collected for Relay for Life, SU was identified as the number one college-level fundraiser in the nation. While this latest report only examines last year's Relay, at which SU raised approximately \$114,000, this is the third year in a row that Salisbury University has had the distinction of being the top college-level fund-raiser.

Last year's Relay for Life at SU saw nearly 1,000 members of the college and neighboring communities participate, with over 80 separate teams being formed. The large turnout and strong support enabled the campus team to nearly double the amount of money that the Relay for Life chairmen believed they would get.

Kimberly Bartlett, the co-chair of the 2005 Relay for Life, said in a recent press release, "I am really proud to be associated with Relay for Life at SU. SU has put its place on the map nationally for Relay success."

"I loved Relay for Life. It was a great opportunity for the campus to come together for a common cause," said junior Meg Murray of last year's event. "I can't wait to do it again this spring."

Sophomore Sam Jones echoed Murray's thoughts on the importance of Relay for Life and said "I'm looking forward to helping out at the Relay for Life with my brothers at Sigma Pi. It's a great way to help out."

Relay for Life is a 20 year old event, and is now in more than 4,500 communities in 12 countries.

There will be a meeting for any students interested in participating in the upcoming Relay for Life activities this spring. The meeting will be held in the Scarborough Leadership House Monday, December 5 at 7:00 p.m. Those unable to attend this meeting can contact Team Recruitment Chair Jessica Mullins for more information.

59 annual Christmas Parade takes off through town

By Megan Wintersteen
Layout Editor

People of all ages gathered on Sunday to watch Salisbury Jaycees' 59th annual Salisbury Christmas Parade along Eastern Shore Drive.

Equipped with a marching band, floats and entertainment, the parade's theme was "Holidays Around the World". The festivities commenced at about 2 p.m. and continued through the afternoon.



Chris Baum/The Flyer

Students speak-up for the trees at benefit concert

By Jodie Lehrer
Staff Writer

The students of Philosophy 318, Environmental Responsibility, will be holding a benefit concert today, Monday, December 5 at 7 p.m. in the Gulls Nest to raise money for an

organization called Treemendous Maryland.

Treemendous Maryland is a granting part of the Department of Natural Resources of Maryland. The purpose of this organization is to buy trees and find volunteers to plant them.

The idea for a fund-raiser sprung up as a "small idea that actually is going to make a big difference," according to SU senior Tamzyn Bell. As part of a series of final assignments in the class, each student designed and participated in some sort of environmental activism.

"Environmental activism is really important because people are always taking such a big toll on the environment," said Bell. Each tree actually costs \$70, and the class is hoping to raise enough money to buy several trees. According to Bell, if the concert is successful, Dr. James

Hatley, who is the instructor of the class, may be looking to make this event an annual occurrence.

Some of the main acts that will take place will be belly dancing, folk music, readings by Professor Joan Maloof, an environmental choir, an enactment of the Dr. Seuss chil-

dren's book "The Lorax," and open-mic opportunities.

Students of the philosophy class hope the event is a successful and a fun way to give back to the community. "It's a different type of activism," said Bell.



Story Brief

Regal opens new theater at Centre

Regal Entertainment Group celebrated the grand opening of its new 16-screen theater Friday, December 2. Regal Cinemas, the new addition to the Centre at Salisbury mall, opened last week by promoting their theatre with \$1. movies and \$1. soda and popcorn for charity. Each event raised over \$10,000 for each of its three charities. The benefits went to Life Crisis Center, The March of Dimes, and Toys for Tots. Each of the building's 16 theaters seats between 100 and 450 people. The new complex is equipped with 16 screens and stadium seating for a more comfortable movie-going experience. See page 7 for more info.

Index

| | |
|-------------------|---|
| News..... | 2 |
| Editorial..... | 3 |
| Life & Style..... | 4 |
| Arts & | |
| Entertainment.... | 7 |
| Sports..... | 9 |

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Crime beat Salisbury unplugs holiday decorations

11/22/05
04:00 PM
CDS Violation-An employee reported a CDS violation in Nanticoke Hall. Investigation by University Police officers resulted in the recovery of CDS paraphernalia. Criminal charges and university judicial charges are pending.

11/28/05
08:55 PM
Act of Intolerance / MDOA-A student reported the Star of David and a Swastika had been drawn on the University Hill Gazebo's wooden support columns.

11/29/05
11:30 AM-12:45 PM
Hit & Run Accident-A student reported that a vehicle parked in the Caruthers parking lot was damaged by another vehicle.

11/29/05
02:00 PM
Damaged Property-An employee reported a vehicle windshield was damaged at the entrance into the Devilbiss parking lot.

11/29/05
05:00 AM-08:00 AM
Theft-An employee reported a SU floor mat had been stolen from the south entrance in the University Center.

11/30/05
04:00 PM-08:00 PM
Suspicious Circumstances-An employee found an alarm clock on a book shelf in the Blackwell Library.

By Stephanie Sokerka
Staff Writer

It's the most wonderful time of the year: time to go up to the attic, bring out the huge box of Christmas lights, and spend endless hours decorating the house. Even though it may be the biggest pain of the year it is a joy to see the end result. Driving down the street, seeing the vibrant lights twinkle in the cold winter night brings a sense of the Christmas spirit into everyone's hearts.

However, this Christmas, Salisbury residents will be left in the dark because this holiday season, the City council has decided to do away with the *Winter Wonderland* Christmas lights.

Like most things nowadays money- or the lack thereof- was the reason behind pulling the plug. "Wicomico County tourism purchased the lights several years ago, and they always funded the light-

"Everyone celebrates Christmas for the most part, and if the lights are not there it kind of goes against what everyone stands for."

Anthony Peck
Senior

ing," said Mike Dunn Councilman of Salisbury.

"However, three years ago the tourism department stopped funding it because it was not bringing tourists into the area. Since then the project has been abandoned," Dunn added.

So how do students of Salisbury feel that their town will not shine as bright as others?

"It's upsetting. Christmas lights definitely make me more in the spirit. The twinkle of Christmas lights becomes the twinkle in my eyes,"

said junior Adam Miller.

If students or residents of Salisbury wish to see a sparkling display of holiday cheer, they can drive down to Ocean City for the more popular *Festival of Lights*.

This light spectacular runs from November through January and brings "a new light" to the holiday season.

Visitors can ride a train along a path filled with glittering illuminated ornaments and sculptures. There are also animated flying genies, toy soldiers, and the magical 12 days of Christmas.

It is a main attraction in Ocean City for the winter season, and it's an amazing site to see for both students and families.

For those who can't escape to the *Festival of Lights*, they will have to deal with the dimly lit streets of Salisbury.

"It is kind of depressing that they aren't decorating this year. Me and my girlfriend went to take pictures

at the park and there was nothing there," said senior Anthony Peck.

"Everyone celebrates Christmas for the most part, and if the lights are not there it kind of goes against what everyone stands for."

Unfortunately for the city there will be no light fixtures in Salisbury this year, however students and residents can rest assured that next holiday season the lights will be plugged back in.

Thanks to Kim Hudson, a local Salisbury resident, the Winter Wonderland lights will be up and running next year.

Amazingly this Christmas hero has already raised \$10,000 for next year's *Christmas extravaganza*.

Students can still get into the Christmas spirit by decorating their own dorms and halls with Christmas ornaments and lights.

Just because the lights are out in Salisbury doesn't mean Christmas has disappeared in our hearts.

News briefs

Attention December graduates:

Important commencement information has just been mailed to your permanent address. The same information can be found at www.salisbury.edu/commencement. Please read thoroughly so you know what to do and where to go on December 17. Did you know DVD's of the ceremony will be available for the first time?

Check the Web site for ordering info. Mom or Dad need driving directions? Send them the link. Which side does the tassel go on, anyway? Read about it at www.salisbury.edu/commencement. Not walking? You must inform the Registrar at registrar@salisbury.edu by Friday 12/2. Email your name, student ID and school with 'not walking' in the subject line. Still don't have your cap and gown? Pick up through NOON on Friday, December 16. Contact the Bookstore with questions. Where are my tickets? Keep close tabs on your 12 tickets which are given along with your cap and gown at the time of pickup from the bookstore. All guests must have a ticket for admission.

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EDITORIAL

December 5, 2005

The Flyer: Vol. 33 Issue 13

Overheard How do you feel about the proposal to cancel Field Day?



I think they should still have Field Day. It has always been fun but there needs to be security of some type to keep order.
Brian Price - Senior



Why should the activities of external housing (like the zoo) affect the main campus activities? Take away field day and there will still be massive parties. Also, I don't remember the complaining residents paying tuition!
Jason Stam- Alumni



It's a Salisbury University tradition. I've gone to it every year. What else does this University offer students in way of concerts?
Erika Sommer - Senior



I'm not too into University activities so it really doesn't matter to me!
Adenike Adelugba - Junior

The Flyer

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A note from the editor: Salisbury constructs sidewalk plan for Rt. 13

By Laura D'Alessandro
Editor-in-Chief

I have spent almost every Sunday in the same room since I started attending this University. In that room, I did my part to help create a weekly news publication for a somewhat apathetic campus. But no matter how much it became apparent to me that no one cared about this newspaper I stuck with it. I have to thank the people that were there with me, I could never have done this alone.

Over the past three years this publication has undeniably improved tremendously. I think often it doesn't get the credit it deserves. Maybe most of you have forgotten, or never even knew, how The Flyer used to be.

I came to this newspaper in fall of 2003. I was hired immediately to do pagination. At that point, we were paying about \$50 grand a semester to be printed and had little guidance from our faculty advisor and our hired advisor, Susan Canfora, from the Worcester County Times. I suggested a partnership with the Daily Times, where we could be printed for less money and use their resources for workshops and mentoring.

I saved a lot of money the following spring but something still wasn't right. My colleagues and I were working until two and three in the morning, and some of us were pulling all-nighters. It just didn't make sense to me why we should have to work such long hours on Sundays when the real newspapers I had worked for got everything done by eight or nine.

This semester was hard on all of us. It was bad enough to finally drive me to complete insanity, like every Flyer Editor-in-Chief for the past five years. Tracy Shortt, Constance Mensh and Becki Lee, I salute you and now place my name on the list with yours. We've done everything in our power to keep this

In the fall of 2004 I became Editor-in-Chief. I think that's when things really started to change. I tried my best to whip our staff of lackadaisical writers into shape. I held workshops for them and end-of-semester parties. There was another new addition to our staff that year. We had the help of the newly hired Student Publications Coordinator, Jane Bratten. She was probably one of the best things to happen to The Flyer and out of anyone here, has put in more hours than she was required to just to make this paper come out every week. We really couldn't have survived without her.

But Sundays, the day of rest, were still the days from hell for the three or four of us who manned the newspaper production. In the spring, we switched to broadsheet and started having better news coverage. Megan (Layout Editor/Paginators) and I even attended a conference at the New York Times in April. The Flyer ended last year with a sigh of relief.

This semester was what we thought would be a fresh start, but it was really anything but. Between a small staff, a questionable contract and a very loosely outlined practicum, it felt like the paper hadn't made any progress. It didn't look like it though, the design had improved 100 percent if you ask me.

This semester was hard on all of us. It was bad enough to finally drive me to complete insanity, like every Flyer Editor-in-Chief for the past five years. Tracy Shortt, Constance Mensh and Becki Lee, I salute you and now place my name on the list with yours. We've done everything in our power to keep this

paper alive. I really believe it's finally on the right track, but I'm leaving it in your hands now.

In the Spring you'll see the advent of a new section to The Flyer, a music and entertainment magazine inserted into its midsection twice per month. The Flyer's website will be back up and running, we hope. You'll also see more events planned by The Flyer for CMAT majors and the option to take the practicum credit for The Flyer is always available now, just as the chair of the department, Dr. Darrell Mullins, for more details.

But none of these new assets can continue if you don't take advantage of them. I can come to your class rooms and beg you to join, which I will continue to do, but just remember: I'm only trying to help you. I've worked in professional print media for three years now. I don't need help when I get out of college. When you go to apply for jobs and they want to see your clips you'll be thankful you worked for The Flyer or the soon-to-be established magazine, The Pulse.

All I can ask is that you recognize that you are in an institution where regardless of what you do on weekends, weeknights, or in between classes, your goal is to learn something. The student publications are here to give you hands on learning experiences.

Thank you to everyone who has helped me keep this paper going. You won't see me sitting at my messy desk in room 215 of the GUC anymore. I'm off to find my sanity. Good luck to all of you in your future endeavors and I'm sure, I'll be seeing you.

Dear Editor,

In a recent edition of *The Flyer*, there was an article expressing concerns about the safety of pedestrians on U.S. 13 in the vicinity of the Salisbury University campus caused by a lack of sidewalks in this area. I am pleased to report that the cities of Salisbury and Fruitland and the State Highway Administration have been working on a plan to install sidewalks in this area. The first phase of this plan, which is scheduled for this spring, will extend a sidewalk on the east side of U.S. 13 from Milford Ave. to Bateman Ave. Future phases, which have not yet been funded, will complete sidewalks on both sides of U.S. 13 from College Avenue south to the Canal Park Drive/Kay Avenue intersection, and will install a bike path from Canal Park Drive south to the Wal-

Mart Shopping Center in Fruitland on the east side of the highway. This improvement will give students, and members of the general public, a safe means of access to campus and will separate pedestrians from vehicular traffic in this area.

In addition to this improvement, we are also exploring with the university possible additional bike routes in the East Campus area.

We appreciate the article that appeared in *The Flyer* on this problem. We certainly agree with the author that "we can't wait for a tragic accident to happen before anyone takes charge."

Very truly yours,

John R. Pick
City Administrator

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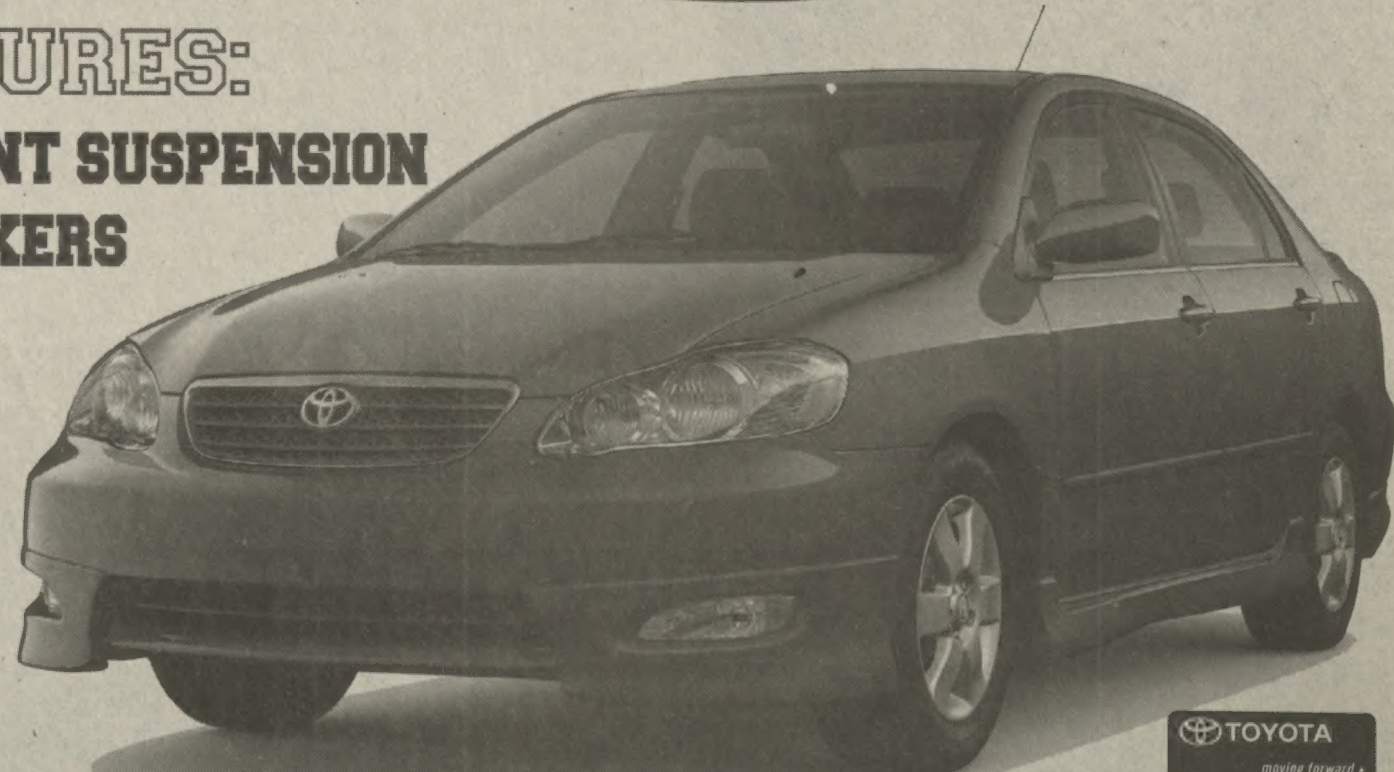
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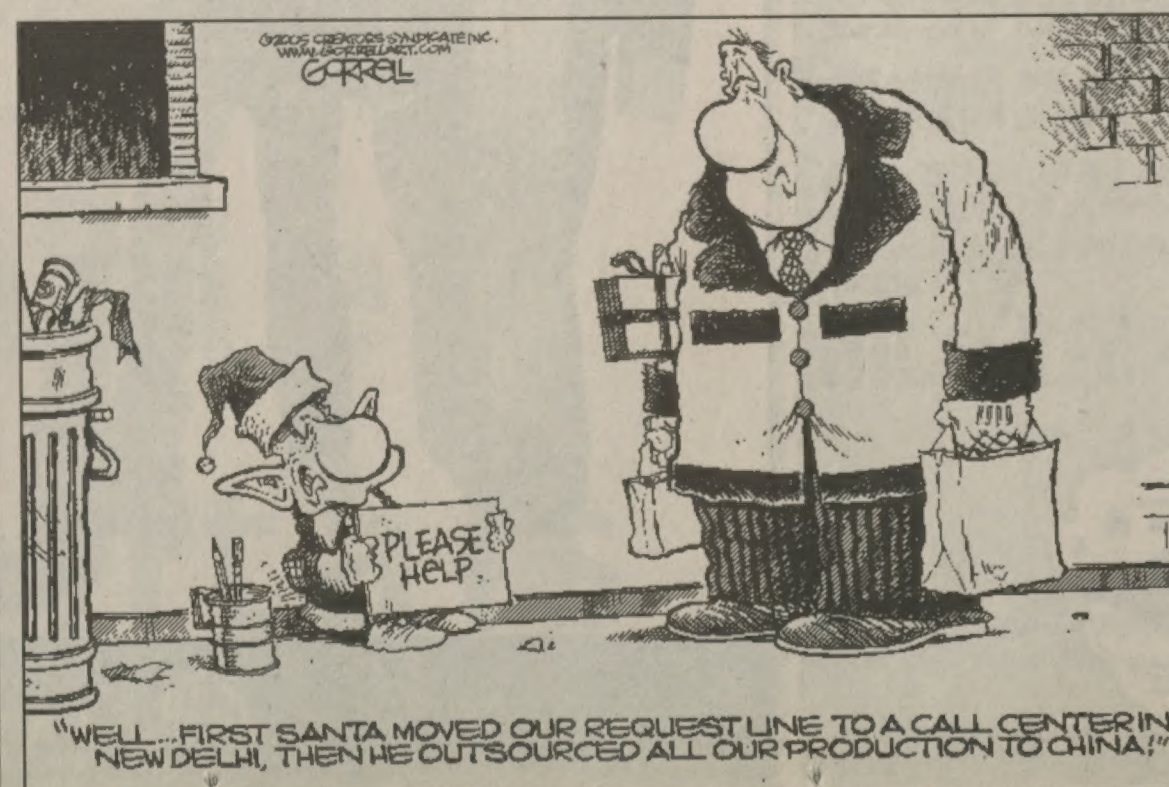
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Mr. Advice

Mr. Advice answers all your questions, even private ones, in complete confidentiality. Send your questions to: kb04128@students.salisbury.edu. Don't be shy, ask anything!

It's near the end of the semester and I'm always in the library. My girlfriend tries hard to act like she doesn't have a problem with it (because she doesn't see me often), but deep down inside I feel sometimes it does. Also, she doesn't have the work load like I do. Is it wrong to confront her about it? I'm not sure that it's wrong to confront her about it, but it just might help to understand her better. I feel as though you do have an understanding of it, but what if she needs to hear that? Confront is an aggressive word anyway, let's use talk. So talk to her about what you are studying and how long you think you'd be in the library. Maybe you two can figure out a schedule of when to hang out, when you're studying, when you hang with your friends and her with her friends. It's good that you both know that school comes first and maybe, because school is ending soon and you two won't see each other as much, that's the reason that you feel that she might actually be frustrated. And there is always the possibility that you just think that she might have a problem with it. Just understand that school is first and it's what you are here for. Who knows, if you two have time after finals, maybe you two should go for a dinner date where it's just the two of you. Good idea? Try it out and see how she likes it.

Okay seriously, I am pissed off that I studied my a** off and get an 85%, when my partner studies just the night before and completely aces the exam. What is it? I've changed my study habits to see what works best, and I believe I've found it. Why does this happen, why do I have to struggle in the library forever, what is the deal?

I hate to say this, but some people are just good crammers. They can crunch information in a short span of time. However, depending on how they do it, it will only stay within the short-term memory. And that's a problem if the final is cumulative, because they have to re-study information. However, some people can actually learn like that. I actually am not sure how they do that because most people need time to process information. Other factors as to why your partner can do that is because he or she has had another class that was related and reinforced information. The best thing to do is to not worry or concern yourself with how they do things. You worry about how you do things and worry about what you need to study. The more you concern yourself with others, the more you fill the mental capacity needed for your own studies. Also, maybe studying with that person to see how they study information may help you. Just don't study the day before with him or her, ask them to study with you ahead of time. And remember don't be so jealous with your differences. Accept, understand, and move on. Make yourself better everyday.

I don't understand why I can never say a thing to the girl that I like. I choke up every time, but she's just too beautiful and she's in my class! I've always been the shy guy and somehow I always make it to the friend zone and nothing more. What can and can't I do about this?

Sometimes there's that girl that makes you just go wow, she's amazing and I don't even know her. Anyways, it's the easiest when there a reason to talk to someone. You are in class with her; there are so many things about the class you could talk about. Homework, if there is no homework then talk about studying for the exam, and if the exam isn't close by then ask her how she felt about today's class. Don't forget to introduce yourself too. If it's just that first hill of getting to know her and saying hi is the problem, this will make it a whole lot easier. But if you keep on waiting forever, you may miss your chance to find out who she is. What have you got to lose? If she decides not to talk to you, that's her loss for not even giving you the chance and for not finding out that someone graciously finds her special just for being her. In other words, you have nothing to lose. At the same time, you have to be respectful too. I also hear that people who are usually shy and decide to tell someone they like them, it makes a world of difference and makes it easier next time they like someone. So give it a try!

Celebrating holidays across the spectrum

By Contessa Crisostomo
Life & Style Editor

With the abundance of holiday decorations found around campus, from wreaths to Christmas trees to twinkling lights in the trees, it is evident that the holidays are near. However, Christmas is not the only holiday students are celebrating. While the Christians prepare for Christmas during the Advent season leading up to the big day, Jews prepare for the eight days of Hanukkah, African-Americans prepare for Kwanzaa and Muslims celebrate Eid al Fitr, which occurs after the month of Ramadan.

Christianity has the largest population, which is apparent in the U.S., as well as SU's campus, from the Christmas tree decorating contest to the trees found in the Commons, Fireside Lounge, the library and the Guerrieri Center. However, while there are many various Christian groups, most Christians celebrate Christmas the same way. Sophomore Aryn Kratzmeier says that her family celebrates Christmas by opening gifts — one on Christmas Eve and the rest on Christmas morning — putting up a tree and decorating with lights, but for the most part, it is not based on religion. "We used to go to church in the morning or on Christmas Eve, but haven't done that for a while," says Kratzmeier. "My dad made a manger a long time ago that we have out every year and someone always puts out the baby Jesus on Christmas day, but that's about the extent."

On campus, the Catholic Campus Ministry offers Advent masses on Sundays at the Scarborough Leadership House at 5:30 p.m. Members of CCM also partake in community service during the Advent season. "The Advent season is a time of preparation, not only in our homes, but within ourselves," says CCM Campus Minister Regina Yankalunas. Service projects such as a jeans donation for the men at the Joseph House and soap collection for the homeless shelter are a couple of opportunities for students to get involved in the community. To gear up students for their service projects, SU alumnus

Galen Morris will speak on Tuesday at 7:30 p.m. in the Spirituality Room about his trip to the Gulf Coast with the Red Cross helping those affected by Hurricane Katrina.

While Christmas tends to be the most popular holiday in the winter season, the holidays celebrated by Muslims tend to go unnoticed.

"Although Muslims do not celebrate Christmas the way Christians do," says Tammy Gharbi, Muslim Student Association Advisor, "it's not unusual to find many individuals offering special prayers or reading Qur'an in remembrance of Jesus, peace be upon him, who Muslims consider a great prophet and Messiah whose return is awaited, and for his mother—the Virgin Mary—who is highly revered in Islam."

MSA Student Islamic Counselor Sehmina Chopra says that the popularity of other holidays does not hinder their appreciation for them. "Sometimes we do feel left out but we have our own holiday of Eid al Fitr, which is after the month of fasting, Ramadan," says Chopra. "And then we have another celebration called Eid al Adhaa which is after the yearly pilgrimage to Mecca called Hajj. However, we appreciate the festivities and all the good cheer in December."

This year, the Jewish holiday Hanukkah falls right after Christmas, on December 26. However, that date isn't constant every year since the Jewish calendar follows moon cycles and the extent.

holiday usually falls on a full or new moon. Due to this irregular schedule, some students end up spending their holiday stuck at school instead of with their families. "I missed out on the many traditions we took part in at home," says sophomore Rachel Broemm, treasurer of the Jewish Student Association. "Making latkes (potato pancakes), playing dreidel, and lighting the menorah as a family to name a few." Broemm says that her family did visit her at school to bring her gifts.

While she was in school, she had to modify her rituals. "Since candles are not allowed in the dorm rooms, I brought our plug-in menorah from home and set it up in my dorm room window," says Broemm. "Every night I added a light bulb to symbolize the lighting of the menorah."

When Jewish students are able to celebrate the holiday at home, family is essential. "My holiday is spent with my family," says freshman Aaron Jones. "I usually visit my Oma (grandma), and sometimes my uncle, and my cousins. Every night we light the candles on the menorah and say the prayer for Hanukkah."

Freshman Allison Berg, president of the Jewish Student Association, says that the organization will be selling Hanukkah cookies and dreidel kits on December 5-7 from 4:30 to 7:30 p.m. in the Guerrieri Center. Then on Thursday, they will be selling dreidel kits and chocolate gelt at the same time and place. That night, the Bistro in the Commons will be having a Hanukkah dinner.

Finally, the newest holiday, Kwanzaa, which was established in 1966, falls on December 26 to January 1. According to the Official Kwanzaa Website, "Kwanzaa is an African American and Pan-African holiday which celebrates family, community and culture." The holiday originated in the phrase matunda ya kwanza, meaning "first fruits" in Swahili. Kwanzaa is a cultural holiday and not a religious one, which makes it different from the others. On campus, the African Students Association (ASA) and Untouchables Dance will host a Kwanzaa celebration on December 10 at 2 p.m. in the Wicomico Room. Student organizations will be there to represent the seven principles, Nguzo Saba, which are Umoja (Unity), Kujichagulia (Self-Determination), Ujima (Collective Work and Responsibility), Ujamaa (Cooperative Economics), Nia (Purpose), Kuumba (Creativity), and Imani (Faith). The organizations will include the SU Step Squad, NAACP, UAS, The Truth, ASA, Fashion 4 Fashion and Gospel Choir. There will be performances and refreshments and is open to the public.

No matter what holiday students celebrate, they can find something to meet their needs at SU, from prayer services to community service, dining and celebration. Spirit is in the air this holiday season.

Winter Term '06 at University of Maryland

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DECEMBER 5, 2005 THE FLYER

West coast to east coast: student moves across country for college

By Contessa Crisostomo
Life & Style Editor

Senior Heather Cook moved to Salisbury from her home in Palm Springs, CA three years ago to attend Salisbury University. She is an Elementary Education major who hopes to teach second or third grade after she graduates in May.

Why did you choose to come all the way to Salisbury, California?

Well, I knew I wanted to go to school on the east coast and SU was the right size and I also knew that they have a good education program. Also, I have family that live nearby in Westminster.

What differences are there between Salisbury and California?

I'm from the desert so one difference, of course, is the weather. In California, they also have mostly

one-story houses and no basements or attics. Here, most houses are two-story with basements and attics and I thought that was interesting. Also, another thing that I noticed when I got to Maryland, you pump gas and then pay, whereas in California, it's the other way around. Also, on the east coast, cities seem to be a lot closer together. In California, you have to drive a long time to get to a new place. Here, everything's clumped together and seems more doable.

How often do you go home?

I go home once a year for Christmas. I stay here over the summer and go to my aunt's house or with friends for Thanksgiving. Many people ask what I do over the summer. My first summer, I worked in Baltimore, but the last two summers, I worked at a summer camp in Cape Cod called Dream Day where families of children who are sick come to stay and we do activities such as whale

watching and horse back riding. It's fun, I enjoy it a lot.

What do you want to do after graduation?

I'm not sure what I want to do yet. I know I'm not done with the east coast yet. I'm not ready to make the big move back to the west coast. If I do, that would be it and I wouldn't come back here. Plus, I've made a lot of friends here.

How did you get interested in teaching?

It's funny because my freshman year of high school I would have never thought if it. But my mom started teaching and loved it, so I tried it out my senior year. I helped teach a second grade class and it was fun. I enjoyed it and decided it was for me.

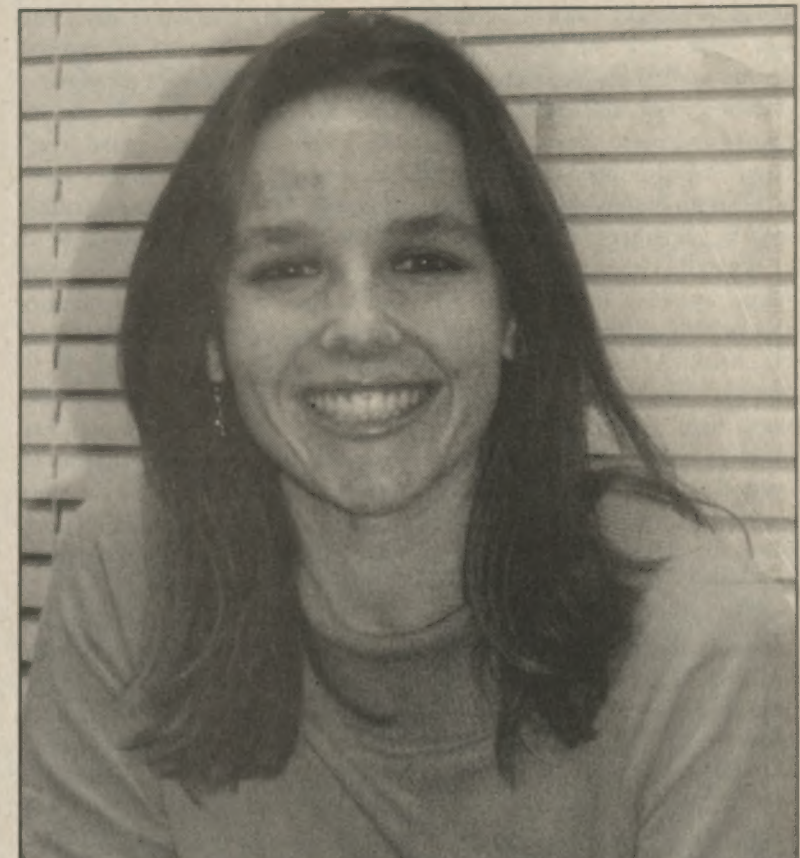
What is your favorite part of teaching?

My favorite part is getting to know all of the students; their personalities and characteristics. It's a good

feeling to know that when they get it, they can attribute that to you. I like to cater my lesson plans around the kids' personalities and how they learn.

You were also an RA for a couple years, how was that experience?

I loved it. Both years I was in freshmen high-rise buildings, Choptank and Chester. My first year as an RA, I had 40 girls as my residents. It was nice to have a feminine floor for my first experience. My second year, I had two floors of guys and girls. My favorite part was interacting with them. I know they had fun their freshman year. We tried to make it as fun as possible. I made sure I was readily available to them. I made sure to keep doors open and to meet people. Eventually some started their own movie parties, but it was good to know I pushed them enough to be social and comfortable.



Contessa Crisostomo/The Flyer

Tips to avoid gaining holiday weight

By Carlena Mattiello
Staff Writer

It is the most wonderful time of the year — to pack on the pounds as tasty temptations of the holiday season close in on homes of people everywhere.

As the cookie plates start circulating, here are a few tips to keep in mind on how to prevent unhealthy habits from forming during the next month yet still enjoy all that comes with seasonal festivities, especially food consumption.

University Dietician Kate Cerulli believes the holidays bring both a time of indulging and self-control. "It is a time to celebrate,"

Cerulli says. "Enjoy foods that are not usually available, in moderation of course."

If weight-loss is a priority, Cerulli urges to be realistic. "Concentrate on maintaining your weight though the holidays and save weight loss plan until 2006," Cerulli explains. Many find that trying to lose weight during this time of year is extremely difficult and often leads to feelings of guilt and that weight-loss goals are simply unattainable.

When it comes down to it, what one chooses to eat and how active they are during the season will play a central role in how they feel after the holidays have passed.

About.com's Paige Wachner discusses what one can do to stay fit during the holidays.

"Control your eating," Wachner advises. "Once at a party, choose one thing to indulge in and make it good. No chips — you can have those any old time. Pick something you only get during the holidays."

Do not skip meals as a way to make up for poor food choices made earlier. According to Wachner, this only allows people to believe they can make unhealthy choices later because they are starving.

Cerulli mentions how food courts tempt shoppers everywhere. "Watch out for mall food

It is typically high in calories, fat and carbohydrates," she warns. As an alternative, pack a healthier snack for the voyage into the sea of sales.

Wachner points out that beverages one chooses to drink and how much is a large factor of weight control. Alcohol is an easy way to guzzle down more calories than one really needs. She recommends avoiding fruity cocktails and having a glass of water for every drink consumed.

A tip both Cerulli and Wachner give it to never arrive at a party hungry. "Have something healthy before you go — some cereal and milk or yogurt," Cerulli suggests. Check out the buffet table and

after small portion selections have been made, do not linger around the food.

Although making healthy eating choices seems to be a victory in itself during the holiday season, it is only half the battle. Exercising is an important step in preventing the pounds from building up.

"Keep active," Cerulli says. "The holiday season usually gives you a little more free time. Use some of it to exercise." Wachner explains that exercise helps manage all the stress that comes with holiday preparation. Also, it builds the strength and energy needed to get everything accomplished. Work out wherever you can.

"Use every opportunity to get in more movement whether it's parking on the opposite side of where you need to be or chopping down your own Christmas tree," Wachner says. "Forget the rules, lower your standards...do whatever you need to do to keep moving."

Wachner sums it up when she speaks of 'the season of good food' in general. "However you deal with the holidays, make this the year that you don't gain extra weight. Make a decision to do everything you can to stay active and eat healthy while not depriving yourself of all the fun. Like everything else in life, it's all about moderation."

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(In The Bistro)

5-7 p.m.

The 'real world' is a real wake-up call

By Meghan Mabey
Freelance Writer

She peels apart her mascara-matted eyelashes as she sits up in her bed and gazes groggily down at her wrinkled pink tank top and crooked denim skirt. Looking around her cluttered room, she spots her black pumps and purse strewn across the floor. One silver hoop earring winks at her from on top of her TV as she feels for the other in her ear.

"What did I do last night?" Leanne Argue wonders. Rubbing her eyes and stretching, she struggles to clear her head. A huge celebration at *Seacrest* for her college graduation...right. Groaning, she rolls out of bed, changes her clothes and heads downstairs to the kitchen. She sits down at the table. Staring up at her is the classified section of the newspaper, daring her to join the 'real world' and find a job.

The transition from college to the 'real world' is one of the most dramatic adjustments made in life. Most college graduates are not aware of the changes they must make in every aspect of their lives when beginning a career. Many are unaware of the consequences of putting this transition on hold in order to cling to college life. The graduate who enters the working world with an open mind and enthusiasm invariably does better than the one

who naively expects life to continue as before.

As a graduate from Salisbury University, Leanne found herself in a state of denial for the first few months after graduation day. "My entire class celebrated at Seacrest and we were all spread throughout the place, making it really hard to find people to say good-bye," Leanne says. "It almost made it seem like we really weren't leaving at all. I guess it was kind of like a form of denial." They all went their own way and acted like it was just summer break before another fall semester at school, she says.

Leanne traveled to Europe in the beginning of the summer with her two best friends, pushing the idea of work out of her mind for the time being. When she returned in June, she was offered a government job as a biologist.

"I graduated in May and was offered the job in June. But because it was a government job, they had to do a background check, a security clearance and things like that," Leanne says. "It took them two months before they would actually confirm that I was hired. It was a really stressful situation to be in."

Salisbury University graduate Steve Hefield, had a much easier time finding a job. He had worked as a police officer in Ocean City every summer so he took on the job

full time right away. "I knew what the job was going to be like, since I'd been working there during my summers," Steve says. "But, I had no idea how different a full-time job was going to be from a summer job."

Leanne had to decide whether she should move from her parent's house in New Jersey to her job location in White Marsh, Maryland. She didn't have much money saved up or even a place to live. She finally chose to take advantage of the opportunity since it was a government job with good benefits. "The most nerve-racking part was that I had to pay rent before I even got my first paycheck," Leanne says. "I only had \$200 to my name by the time I started working in September."

Steve has been trying to handle his money well while living on his own. "Even though I have more costs now than I did in college, I also make more money. In the end, I end up saving much more money now than I did during college," he says.

The fact that Leanne is now a working adult still didn't hit her until her first day of work. She got lost on her way to work and finally had to call her secretary to pick her up. When she found the right building at last, she was shown to her desk, which faced a wall and had no computer access.

During work Leanne was bombarded with dreadful realizations. She can't skip work or arrange it so she has Tuesdays and Thursdays off. She can't go to work hung-over after a long night at the bar. Most of all, she can't go home and take naps when she has some free time during work.

She wakes up at 6 a.m. every work-morning and leaves by 7 a.m. "The only thing running through my head was 'what have I gotten myself into?'" Leanne says.

Steve experienced his own wake-up call. He went from a laid back Salisbury University student, used to parrying hard with his fraternity brothers, to a working man in the "real world." In college, he worked as a campus security employee and spent a lot of his on-duty hours in his friend's dorm room playing video games and watching television. Now, he works long hours with little, if any free time to relax, never mind going out to drink with friends.

The apartment building Leanne lives in is occupied mostly by married couples with children. She is the youngest tenant by eight years. "I live with a roommate who works at the same job as me, which almost makes it feel like college again," she says.

Since her roommate is the only person she knows who is close to her age, Leanne socializes by participating in an outdoor soccer league. "I was captain of the varsity soccer team in college and I miss it," she says. "I find this league to be a great way to meet new people and be more social outside of work."

Besides the soccer team, Leanne finds it hard to be sociable. "I go to bed at 11 every night. I work long days, Monday through Friday, 7:30 a.m. until 5 p.m.," she says. "The one thing I can look forward to is getting every other Friday off."

Steve, too, finds his social life to be lacking now that he has graduated from college. He works from 5 p.m. until 3 a.m., four to six days a week, and spends the rest of his time sleeping or getting ready for work. Besides his regular work hours, he must also attend court cases on Mondays, Tuesdays and Wednesdays.

The transition from laid-back college life to the demanding working world is a hard one to make. "One thing that helped prepare me for the real world was networking," Leanne says. "You should try to meet as many people as you can. You never know when you'll need help from them and who you could meet through them."

While in college it's important to do other activities besides doing homework all the time, she says. "One of the main reasons the guy at a job fair liked me and passed on my resume was that I

was active," Leanne says. "I played soccer, which takes up tons of time, while I still had decent grades. Employers like to see that you can budget your time and not spend every minute studying."

According to Leanne, another important thing to learn how to budget is money. Some of the most alarming surprises college graduates face in the real world are financial burdens. Now that Leanne and Steve are on their own, the money they make goes toward bills and rent instead of beer and pizza. "The best way to prepare for the 'real world' is to know how to manage your money," Leanne says. "Once you get a paycheck, it's tempting to go out and spend it on things you want, but you have to plan for all the bills and extra expenses."

Although their jobs can be demanding, the "real world" has taught Leanne and Steve things they would have never learned without experience, such as how rewarding a day at work can be. Professional life undoubtedly leaves little time for relaxing, and has proved to be nothing less than exhausting for Leanne and Steve. The next time Leanne finds herself waking up with rumpled clothes and things strewn across her room, it will probably be due to mere exhaustion rather than a late night out with friends.

ARTS & ENTERTAINMENT

December 5, 2005

The Flyer: Vol. 33 Issue 13

Regal Entertainment opens new theatre at the Centre



Regal Cinemas, the new addition to the Centre at Salisbury mall, opened last week by promoting their theatre with \$1. movies and \$1. soda and popcorn. The new complex is equipped with 16 screens and stadium seating for a more comfortable movie-going experience.

By Josh Hughes
Staff Writer

Regal Entertainment Group celebrated the grand opening of its new 16-screen theater Friday, December 2.

The Regal Cinemas Salisbury Stadium 16 replaces the older Salisbury 10, and is located just beside the older, closed theater. However, the new theater features improvements over the old one, including stadium seating and plush high-back rocking chairs.

Also of interest are the theaters cup holders, which can be pushed aside to create sofa seating "for two."

"Regal Cinemas Salisbury Stadium 16 is a terrific facility with all of the modern amenities and technology,

"It is pretty inconvenient that the box office is outside, what if it's raining or cold and you have to wait in line?"

Kate Shoemaker
Senior

featuring the best film projection and surround sound equipment," says Russ Nunley, Vice President of Marketing and Communications.

Each of the building's 16 theaters seats between 100 and 450 people. Regal Entertainment is the largest motion picture exhibitor in the world. The company comprises Regal Cinemas, United Artists

Theatres and Edwards Theatres; 6,537 screens in 568 locations in 40 states.

Last Monday Regal celebrated the completion of its new facility with three "\$1.00 everything" charity events.

Each event raised over \$10,000 for each of its three charities. The benefits went to Life Crisis Center, The March of Dimes, and Toys for Tots.

Sophomore Geoff Leadbeater saw *Elizabethan* and says, "I attended a dollar movie night but the regular prices seemed a little high, \$9.50 is ridiculous. The arm rests were too short too."

Senior Kate Shoemaker saw *Fantastic Four* last Wednesday and also received the 'dollar deal'. "The inside is pretty nice but the outside

looks terrible with the rest of the mall," says Shoemaker. "Plus it is pretty inconvenient that the box office is outside, what if it's raining or cold and you have to wait in line?"

As part of its grand opening, Regal will give a free small popcorn and a free small soft drink to anyone who purchases a ticket to any film until Sunday, December 11th.

Regal will also give away free "Chronicles of Narnia" t-shirts to the first 100 ticket purchasers each day between Friday, December 9th and Sunday, December 11th.

Overall the charity event was a huge success and Salisbury will have to wait and see how this theatre holds up.

Harry Potter and the Goblet of Fire

The gang's best adventure yet



A scene from Warner Bros. "Harry Potter and the Goblet of Fire".

By Erin Kraus
Staff Writer

The magic of the fourth Harry Potter book has finally come to life with the release of the latest movie, and Harry on the silver screen has never looked better. Just like Rowling's books, each movie seems to improve exponentially, and happily this newest release is no exception.

This new movie centers around the Triwizard Tournament which Hogwarts School of Witchcraft and Wizardry is hosting.

The tournament brings together different wizarding schools from other countries in a sort of Olympic-like tournament to determine who is the best young wizard.

Anyone who seeks to compete must be selected by the goblet of fire as a worthy wizard.

The rules clearly state that no student under the age of 17 may compete, so at first it seems as though Harry will be able to take a break from the action in this film.

That isn't the case however, when the goblet inexplicably selects Harry as a competitor and he is forced to compete in dangerous events which far exceed his skills as a 14 year-old wizard.

Part of the reason this film is so good is undoubtedly because the young stars of the series are gradually becoming more and more comfortable in front of the camera.

Over the past few years, we have watched Daniel Radcliffe (Harry Potter), Emma Watson (Hermione Granger) and Rupert Grint (Ron Weasley) grow up, and their maturity has never been more evident.

Radcliffe brings Harry's intensity to life in this fourth film, as he faces his most difficult challenge yet in the Triwizard Tournament, and Watson's got her eye-rolling and self-righteousness down pat. But the true talent emanates from Grint.

Whether he's pouting over Harry getting all the attention, or making sarcastic comments to Hermione whom he obviously has feelings for, Grint makes Ron's character lovable and fun, and often provides much needed comic relief for Harry's most intense adventure yet.

Great acting nods must also go to some newly introduced adults, particularly Brendan Gleeson as the gruff but lovable Mad Eye Moody (the new Defense Against the Dark Arts teacher) and Ralph Fiennes as the evil, dark Lord Voldemort.

Another reason the film turned out so well might have to do with the new director, Mike Newell.

Newell is known for such great films as *Four Weddings and a Funeral* and *Mona Lisa Smile*. He has no background in action films and this seems to make him more

willing to focus on character development than past directors.

For instance, a huge part of the film (and the book) centers on the awkwardness of adolescence. Harry, Hermione, and Ron are fourteen now, a notoriously awkward age. Newell emphasizes this awkwardness by spending quite a bit of time focusing on new budding love interests.

Harry has finally started to notice girls, and in particular a very pretty Ravenclaw named Cho, and one of the students from the Durmstrang School of Witchcraft and Wizardry is hosting.

Newell peppers the movie with these awkward moments that make the characters so much more human and likeable.

One very important word of warning though: those who have not read the books have no hope of following this movie.

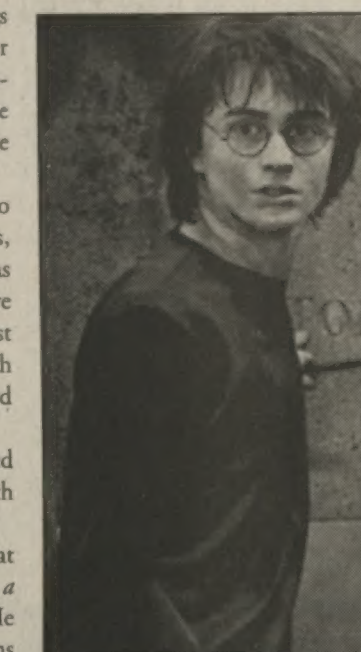
Rowling's novel was over a thousand pages long, and even in three hours this just isn't enough time to condense the plot.

Furthermore, Newell often sacrifices plot explanations for character development. In all fairness to him, this isn't really a flaw. These films are geared towards fans of the books. It would be irritating and arduous to constantly have to backtrack and explain every little detail.

Senior Beth Luginbill agrees and says, "I can't imagine that anyone who hasn't read the books would be able to make sense of this movie."

Christine Dickler agrees with Luginbill but adds, "If you have read the book, you owe it to yourself to see this movie. They do such an amazing job of bringing the tournament and the yule ball to life. It's a blast to watch it all unfold."

"Potter" is now playing on 3858 screens across the country and in its opening weekend earned slightly over the 100 million dollar mark.



Internet Photo

Theater professor partakes in 'Pageant'

By Contessa Cristostomo
Life & Style Editor

Lisa Lantz has been the Assistant Professor of Communication and Theater Arts at Salisbury University since 2002. She possesses a B.A. in Theater from the University of Northern Iowa and a M.F.A. in

Costume Design from the University of Southern Illinois at Carbondale. Since the beginning of her career she has assisted in the production of 62 operas, stage plays, and musicals. Her latest project, *The Best Christmas Pageant Ever*, premiered on December 1st.

When did you first realize you wanted to do costume design? My freshman year of college. I was always into theater, but I didn't really focus on costumes until I had to do a practicum in a costume shop and I thought "this is where I want to be." So I got my B.A. in theater and an M.F.A. in costume design.

What's the most engaging aspect of your career?

Just being involved in all the productions. Most academic theaters will do anywhere from four to six shows on average for the year. I've been in school teaching now for quite a while. This is my 4th year

here at Salisbury University and I work during the summers. Theater is a career where you can have different seasons. I can teach during the school year and in the summer I can work in other professional theaters.

So do you like that aspect of your career?

Definitely. It does help to change the pace and help keep things in perspective. You get new insight into how different theaters work.

Of all the productions you've done, what would you consider to be the greatest challenge?

Well, I would say I've gotten my biggest challenges since I've come to Salisbury University. I'm the first costume designer we've had here. My crew is my students that work in my costume construction class. We do some fairly large-scale productions. The big shows we do here, like *Hamlet*, *Sweeney Todd* always have large casts. They have choruses involved which beefs up the cast list. Doing those large scale productions in a small scale costume shop [is the challenge]. We don't have a lot of room. We don't have a lot of people working. So really the fact that we pull off these enormous shows is quite a feat. And I give that credit to my students who are just learning and that really try and end up putting together these really great costumes.

Your Curriculum Vitae says you've used your makeup skills to simulate a plane crash.

Oh that was while I was in grad school. That was a regional airport in Southern Illinois. I talk about that experience in my makeup class that I teach here. A lot of times people think "oh makeup. That's just something that's really easy." It is a really fun class to take but there are a lot of aspects to makeup that you wouldn't consider. So this is a prime example. It was for a first responders training program. They wanted to simulate a crisis or an emergency as close to reality as possible. They had smoke and sirens and trucks come in and once they said "go" there was mass chaos. They let us borrow one of their planes and we put plastic over the seats so we wouldn't get fake blood and stuff everywhere. We simulated broken arms with animal bones [that looked like] a bone coming out of the skin. We used a lot of make up materials to simulate different wounds. We had intestines hanging out and lacerations. And each person had a specific wound and the trainees were graded on how they responded. It's a whole different aspect [to makeup] but it's still a re-enactment so it's still in that theatrical world. It's amazing the way

you can tie your work into other ways of life.

When you were still in college did you imagine yourself as a teacher? My training throughout school and grad school prepared me for teaching. I didn't think at first that I wanted to teach. I figured I would go find a regional theater somewhere and just be a resident costume designer. But then in grad school when I was a teacher's assistant, I had my own classes. I taught two classes and I discovered that I really enjoyed working with students and found that they teach me as much as I teach them. It's a wonderful way to keep your skills current and to continue discovering things about what you do. Sometimes when you're in a job for a while you start to get in a rut but in theater there's always fresh challenges and you're always doing new shows.

If you could pick any type of production to do in any setting what would you choose?

That's always a difficult question. I don't know if I can say a specific play that I've just been dying to do but in my work as a costume designer I find the plays that I enjoy the most are the more modern and surrealist plays. We did *Big Love* here by Charles Mee. That's just been one of my favorite productions that we've done here. It was based on a classical play but with a completely modern take on it. Reality is not the main concern of plays like that. You're really going for more of an image. I enjoy those types of plays because you can really stretch your imagination. You can be truly creative. You're not trying to produce an exact time period in your costumes.

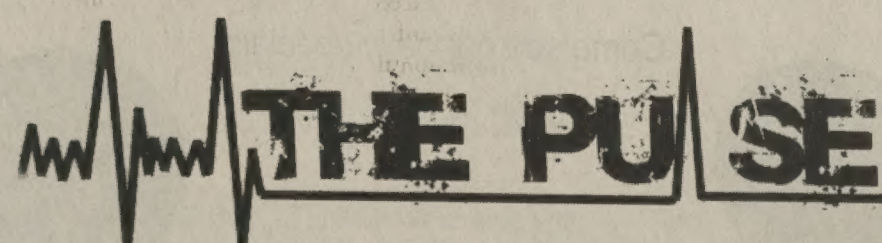
What would you say to someone who wants to do what you do?

You have to be dedicated and you have to love it. Theater just requires long hours. To be a theater major here, you have to be willing to do all of your work during the day and then be here until midnight working on a show. Then you need to find time in between to do your homework. You have to love what you do because you're doing it 24 hours a day. Really stick with it. When you put your work out there for people to see, as with any art form: writing, fine arts, performing, or designing, you're putting your work out there and you're making yourself vulnerable. You're open to criticism and you have to have a tough skin. Be prepared for people to not always love what you do.

WANTED

Writers, photographers & editors

For a new student-run entertainment magazine



INTEREST MEETING -

Thursday, December 8

3:30 p.m.

Fulton Hall Room 143

FREE PIZZA!

The Pulse is the new entertainment magazine, which will be inserted into *The Flyer* newspaper bi-weekly starting in February. It covers music, film, arts, dining, and other forms of entertainment on campus, as well as in the Salisbury area. We encourage many students and faculty from different areas to join us: Communication Arts, Theatre, Film, English, Art, Graphic Design, Dance, Music, Marketing, WXSU, SU-TV, Evergreen Yearbook, Mid-Atlantic Review, PACE, SOAP, SGA...

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Ho, ho, ho! Merry everyone!

By Kevin Froehlich
Sports Editor

The eggnog has been spiked. Kids are preparing to shoot their eyes out. The Grinch will pilfer from the Whos approximately 7,430,324 times. Adam Sandler's already writing a fourth version to his most famous song. There's probably going to be a Tony Danza special in there somewhere. And, oh yeah, every single radio station and store in America will blare yuletide cheer just long enough for me to simultaneously suffer a brain aneurism and cardiac arrest while soiling myself.

That's right, boys and girls, the winter holiday season has arrived. No more turkey, no more costumes, just good, old fashioned celebration of the holidays for all the wrong reasons. Hey, baby Jesus only got gold, frankincense and myrrh, and I'm pretty sure all Moses unwrapped was a dreidel, so, yes, you are very deserving of that X-Box 360.

Anyway, in the spirit of the season, and because this is the last Flyer issue until February 2006, I'm going to assume the position of St. Nick and give out Christmas presents to some very special people. And don't get on me because I said "Christmas" and not "Kwanza" or "Hanukkah," okay? I'm Catholic. I don't know any better.

To Kobayashi, a new stomach. First he dominated hot dogs, now its hamburgers; this guy is an animal. What's next? Live, free-range chicken?

To Larry Krueger, some Cream of Wheat, spoiled. Saying the Giants were "brain-dead Caribbeans" was bad enough, especially in today's age, but liking manager Felipe Alou to the guy on the Cream of Wheat box - what a dolt. Here's to hoping it keeps him warm as he looks for a new job.

Mike Vick gets a very special gift from me, and it's the gift of accuracy. And not just for his wide receivers, but also for the sake of the penicillin he's going to have to inject in himself.

To Rafael Palmeiro, Sammy Sosa and Mark McGwire, all the B-12 shots you can handle. That way, when the foot comes down, and trust me it will, you can just blame Miguel Tejada. If push comes to shove, he can just happen to forget to speak English as well, so you'll all be in the clear - get it?

To the Philadelphia Phillies, hahahahahahahahahahaha.

To Steve Mariucci, a baseball bat and fifteen minutes alone with Matt Millen and Joey Harrington in a locked room. That'll teach them for sullying his good name.

For Jamal Lewis, four more months of house arrest. Maybe then he'll be able to forget about how bad this season has been and how fast his career has sunk into mediocrity.

I'm giving nothing to Joe Hachem. Hey, he just won \$7.5 million by being lucky at cards for a week during the World Series of Poker, he should be giving \$100,000 handouts, especially to me.

To Ron Artest I leave the phone number of a good psychiatrist. Trust me, people, it benefits us all.

To LaDainian Tomlinson, the copyright to the nickname L.T. He's already the best player in the league, but when he b—slapped the Redskins secondary on his way to the game winning touchdown, he vaulted even higher in my book. Plus, as far as anyone knows, he doesn't do crack. It's win-win.

To Terrell Owens and Drew Rosenhaus...well, write your own joke in.

And finally, to all of you out there (even the dorks decorating their entire home as a mistletoe in order to get some type of action this month, which reminds me of something I must do soon), I leave the new smash-hit that first aired on Jimmy Kimmel Live and is sure to sweep the nation: "The Monster Mash," as performed by Mike Tyson and Bobby Brown.

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Men and women's basketball capture Optimist title

By Angelo Torres
Copy Editor

The men's basketball team defeated Shenandoah Saturday, 67-62, winning the 13th annual Salisbury Optimist Basketball Classic, their first Optimist title in five years.

With twelve minutes to play in the first half, Shenandoah found themselves down 17-3 to the Gulls. A pair of Segun Odumeru jumpers, followed by a lay up from Derrick Washington had the visiting Hornets on their heels early. The Hornets committed a number of turnovers that resulted in maroon buckets, including a Kyle Harmon (8.4 ppg) fast break layin. Salisbury went in to halftime with a comfortable 38-24 lead.

With a hefty lead, at home, the Gulls seemingly had the contest all but wrapped up, instead Shenandoah had other plans, they would not fold without a second half fight. Led by Optimist all-tournament team's Onyie Onanaku, the Hornets cut the lead to single digits, 38-30.

Later in the second half, Onanaku followed up a high percentage leaver with a steal and fastbreak lay up on the ensuing Salisbury possession, trimming the Gulls lead at 41-39. A Stephen Johns three pointer was a virtual equalizer as Coach Steve Holmes and company looked to regroup, taking a timeout.

Rico Stewart (10.5 ppg) followed the timeout with a lay up and his second three pointer of the championship. The Hornets would never actually capture a second half lead and Odumeru's lay up at the 11:53 mark reclaimed a double digit lead, at 57-47.

With less than three minutes to play to Hornets attempted to mount another comeback with full-court pressure and quick scores. Shenandoah's Onanaku fouled out, putting Ray Williams on the line with under thirty seconds to play. Needing a three pointer to tie the contest at 62 a piece, the Horner's Jared Hale missed the attempt which led to an outlet pass to Stewart who finished his twelve point night with a lay in.

Salisbury's bench continued its ability to play quality minutes on Saturday, especially on the offensive end. Gary Ward, Justin Rice, and Rico Stewart each contributed first half field goals from beyond the arc. Stewart scored 17 against John Jay in a day one routing of the Bloodhounds, 80-57. Holmes

believes that Stewart continues to make significant contributions although he is still nursing some injuries.

The teams balanced scoring attack resulted in eight different contributors in the championship game, lead by Odumeru's 16 points. Salisbury's win on Saturday capped off an interesting week for the Gulls which began with an upset win over 11th ranked Virginia Wesleyan. They have now won three strait at Maggs, and will look to make it four in a row against CAC powerhouse York on December 10th. But first the Sea Gulls (5-3) will travel to Messiah this Tuesday.



Chris Baum/The Flyer

SU's Darren Johnson goes for the tip during the championship game on Saturday.

By Aaron Boker
Staff Writer

Salisbury women's basketball successfully defended their title in the Salisbury Optimist Basketball Classic Saturday night with an 85-64 win over Waynesburg College. Led by sophomore guard and tournament MVP Monica Merkel's 26 points, nine rebounds and seven assists the Sea Gulls remain unbeaten at 6-0 after winning what proved to be a competitive tournament.

"The teams were good, they gave us a run for our money and I'm proud of them; they're good teams," said Coach Bridget Benshetler.

The first half proved to be a back and forth tug of war. Both teams traded baskets throughout the first 15 and half minutes as the score reached a 26-26 tie. The Sea Gulls scored seven unanswered points to gain a 33-26 lead with three minutes left to play.

Salisbury maintained going into halftime despite the Yellow Jackets cutting it to 41-39. The Sea Gulls used offensive rebounds and strong defense to score a lot of their points.

Despite a marginal lead at half, Salisbury came storming out of the locker room with fire. A two point lead quickly became a double digit lead as the Sea Gulls opened the second half on a 16-2 run in the first four minutes to grab a 57-42 advantage.

"We established the paint. First half, the paint players were playing like marshmallows and [establishing the paint] opened up the outside game," said Benshetler.

Waynesburg wasn't finished despite being down 15 points. The Yellow Jackets used some 3-point-

ers to reduce the lead to 60-54 with just over 13 minutes to play. Salisbury did not let the Yellow Jackets any closer, however, led by senior point guard Christen Barney's 12 points, along with her leadership in the second half to build the lead back up and pull away with the win.

"I think I bring more leadership to the floor and coach knows what I am going to bring like I'm the 'Floor General,'" commented Barney on how she impacted the team in the second half.

The Sea Gulls got strong play from the whole team highlighted by Merkel scoring 18 of her 26 points in the first half. Merkel has been a key player for Salisbury in her first year after transferring from Division I Hartford University.

"I'm just going to play my role and [the team will] keep winning, were a deep team," said Merkel.

Other key stats for the Sea Gulls were Barney's 18 points and the six steals sophomore guard Meghan Phillips provided off the bench. Salisbury also scored 36 points in the paint and took advantage of Waynesburg's mistakes scoring 32 points off turnovers.

The championship match up with the Yellow Jackets was set up for the Sea Gulls after they defeated Thiel College 86-80 in the opening round of the tournament the night before. Salisbury was paced by senior forward Kiera Watkins 20 points and 10 rebounds. Merkel contributed 19 points, Barney 13 points and Phillips provided four 3-pointers. Just like the match up against Waynesburg, Salisbury had a two point lead going into the half and pulled away with big scoring runs in the second half.



Chris Baum/The Flyer

Kat Kordal forces her way to the basket during the championship game of the Optimist Classic held in Magg's gym on Saturday.

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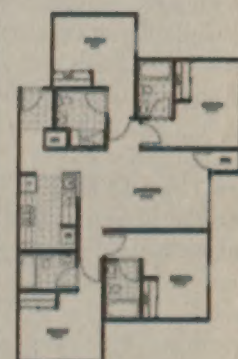
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